**GAME DAY GRUB TIPS**

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- Plan your tailgating snacks and meals in advance. Keep your recipes simple.
- Try to incorporate healthy options, and avoid foods that spoil quickly.
- Be sure to have an ice-filled cooler and plastic containers to put away leftovers.
- Bring trash bags with you to dispose of all trash when cleaning up tailgate area.

**RECIPES:** PUNCH RECIPES | MEAL RECIPES | SNACK RECIPES

**RECYCLING**

Put it in the can, Gator fan. Don’t let it accumulate. Throw trash away in the appropriate trash can or recycling bin.

**GRILLING SAFETY TIPS**

- Safely put out the fire and/or turn off your grill before you go to the game.
- Do not throw hot or used coals on the ground. Instead, douse them with water first and discard them in an appropriate trash bin.

**Smart Snacking On Campus:** [http://gatorwell.ufsa.ufl.edu/Smart-Snacking.aspx](http://gatorwell.ufsa.ufl.edu/Smart-Snacking.aspx)